## MFA Quick Guide: Enrolling a Device

### Summary

Multifactor Authentication (MFA-DUO) provides an additional layer of security to the log-in process used to access Yale resources from off campus locations. Use this article to enroll your first device in Multifactor Authentication. Through the device enrollment process, you can enroll a mobile phone, landline, tablet or tablet and install the Duo Mobile application.

To activate and enroll devices with MFA, please visit the [IT at Yale website](https://www.yale.edu/it). Individuals can also view the DUO Enrollment Guide.

### What Multifactor Authentication device(s) do you have?

(WE RECOMMEND REGISTERING AT LEAST TWO DEVICES)

<table>
<thead>
<tr>
<th>Device Type</th>
<th>HOW CAN I AUTHENTICATE?</th>
<th>WHERE CAN I USE IT?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smartphone</td>
<td>Duo Push* (Recommended) Phone Call Passcode Text Message</td>
<td>Locally (in the US) and globally (outside the US) even without a wireless or cellular connection (on Airplane Mode, at no charge to you)</td>
</tr>
<tr>
<td>Tablet</td>
<td>Duo Push* (Recommended) Phone Call Text Message</td>
<td>Locally (in the US) and globally (outside the US) even without a wireless connection (on Airplane Mode, at no charge to you)</td>
</tr>
<tr>
<td>Cellphone</td>
<td>Phone Call Text Message</td>
<td>Locally (in the US) and globally (outside the US) but you may incur a charge for a phone call or text message</td>
</tr>
<tr>
<td>Landline</td>
<td>Phone Call</td>
<td>Anywhere you can access your landline while authenticating</td>
</tr>
</tbody>
</table>

* Duo Push, a notification sent to your smartphone or tablet, is the simplest method to authenticate.

### What is a token? Do I need one?

A token is a small device that generates a secure passcode to authorize access to Yale resources from off-campus. If you have a smartphone or a tablet the Duo Mobile App will act as a token, even if you are in an area with no cellular data or wifi connectivity, both in the US and outside the US.

I don’t have any of these devices. Call the Help Desk at 203.432.9000 for a set of one-time use codes for authentication.

For more information, visit its.yale.edu/mfa or contact the Help Desk.
Related articles

- MFA FAQs
- Multifactor Authentication: Log into CAS & Cisco AnyConnect VPN
- MFA Quick Guide: Enrolling a Device
- Cisco AnyConnect VPN: Apple Mac OS X Device Configuration
- Mac VPN Troubleshooting