Health & Wellness FAQ

I’m a member of the Class of 2021. Has my health plan coverage been impacted by COVID-19?

The Yale Health website has the latest information about student health coverage.

If I am coming from out of state, or overseas, will I need to quarantine?

All students must quarantine in their residences until a negative arrival test result is received. Additionally, students arriving from one of the states included in the State of CT Travel Advisory must quarantine for a total of 14-days upon arrival, regardless of test results. Keep in mind that the states on the CT Travel Advisory list are updated regularly. Failure to abide by this quarantine could result in a $1000 fine from the State. All students arriving from international locations must also quarantine for 14 days.

What are the COVID testing requirements for grad students?

All students arriving on campus or already on campus must have a viral (PCR) test through the Yale COVID-19 screening program prior to the start of the fall semester. Students will receive an email from SOM with a timeline and instructions on how to schedule their tests. Students in high-density dormitory housing (Helen Hadley Hall and Harkness Hall) are required to be tested twice per week throughout the semester; these students will receive an email in August with a full description of the testing program and instructions on how to schedule testing. Students who have remained in the CT area and were tested before July 13, 2020 in accordance with the university research reopening, must have a repeat test within 14 days of the start of the fall semester.

If you had a pre-arrival COVID test done, you may submit for reimbursement here. If you have any specific questions about your reimbursement, please contact sombusops@yale.edu.

How can I find PPE?

SOM will be distributing PPE kits to each student. Information will be coming to you regarding your pick up time for your kit. The timing will align with your first class.

When should I wear PPE?

Evans Hall requires students to wear a face mask when inside the building at all times, as you will agree to in the Community Compact.

Yale University also outlines the University’s guidelines for this on campus: https://covid19.yale.edu/health-safety-guidelines

Where can I find mental health resources?

The Wellness Resource can serve as a one stop shop for mental health and wellness resources, including managing anxiety during a pandemic, mindfulness practices, etc.

- Yale Mental Health & Counseling Services: 203-432-0290
- Yale Health Mental Health & Counseling Website: A web-based guide to wellness information, resources, and opportunities for all students at Yale